

Future~Lineage: Higher School Curriculum

(spread over 3 independent terms)

Kriya Tantra for On-Going Health and Well-Being

Book: *Ipsalu Formula for Tantric Bliss* – sequel to *Jewel in the Lotus* (Avinasha)

- . removing blocks to bliss
- . working with awareness exercises from *Jewel in the Lotus*
- . Kriya yoga from perspective of Paramahansa Yogananda (author of *Autobiography of a Yogi*)

Living the Three Stages of Modern Initiation

1) Preparation ~ Inner Seed ~ Imagination

2) Illumination ~ Inner Light ~ Inspiration

3) Initiation ~ Inner Word ~ Intuition

Working with the Guardians of the Threshold: Lesser and Greater

Book: *The Stages of Initiation* (Steiner)

Skilled Friends: Bindu-Time ~ Surfing Threshold Between Waking and Sleeping

. master facilitation; threshold and shadow work, neo-shamanism

Book: *Awakening the Third Eye* (Sagan ~personal teacher of JS)

Biography Work 1: Personal Biography (your individual spiritual-signature)

Biography Work 2: Karmic Profile (navigating levels of karma: family, ethnic, soulmate, etc.)

Biography Work 3: Vocational Biography (discovering your work in world)

The *Human Life* with chart (O'Neil)

Destiny Learning: Finding a Future Based on Freedom

Principles and Practices for Discovering Pre-Birth Intentions Past Lives – Future Lives

Books: *Destiny Learning & Practising Destiny* (Koen Van Houten ~personal teacher of JS)

Regression: Past-Life Therapy for Here and Now Freedom (Sagan)

Spiritual-Psychotherapy: Exploring the Self Through the Archetypes, Carl Jung, Joseph Campbell

Inner Child Work: Book: *Homecoming: Reclaiming and Healing Your Inner Child* (Bradshaw)

Book: *Secrets of Yellow Brick Road: A Map for Modern Spiritual Journey* (Stewart ~personal teacher of JS)

Anthroposophy as Embodiment of Living Spiritual impulse and Modern Path of Self-Initiation

Working w. morphological exercises from *Higher Worlds: Goethean Science, Observation & Conversation*

Books: *Goethe's Way of Science* (Bartok); *Esoteric Science* (Steiner)

Entity and Energy Reality: Exploring, Mapping, Clearing

Book: *Entity Possession: Freeing the Energy Body of Negative Influences* (Sagan)

Vibrational Dowsing: Learning to Dows for Yourself: food, supplements, colours, relationships, etc.

Book: *Biogeometry* (Karim ~personal teacher of JS)

The Power to Magically Magnetize and Manifest

. teachings of Paramahansa Yogananda

. *Creative Visualization* (Shakti Gawain)

The Healing Mission of the Arts: Engaging the Etheric Arts for Body, Soul & Spirit

Eurythmy, painting, clay, crystals & bowls, toning, silent sounds, shape, magic & sympathetic resonance

Book: *Art and Human Consciousness* (Gottfried Richter)

The Seven Hallowed Halls: The Art and Alchemy of Personal Death, Resurrection and Ascension

Book: *Thee Western Esoteric Path* (Dr. Robert Gilbert ~personal teacher of JS)

The Planets Within and Without: Astral Mobility In and Outside Bodies

. the organ's connections to planets and how to work with for personal evolution and healing

Book: *Planetary Forces, Alchemy & Healing* (Sagan); *Taoist Astral Healing* (Chia)