

Future~Lineage: Advance Training Curriculum

(see Advance Training webpage for dates & details)

1st (Autumn) Term: The Eye of the Eagle

(mid-September to mid-December)

Spiritual Science 1: The Cosmic Egg of Earth and Self

. continued study of Steiner's works: *How to Know Higher Worlds, Theosophy*
Chakras 1 (upper chakras): Psychic & Psychological Functions, Assessment & Cultivation
Kriya Tantra 1: From Yoga to Eurythmy; Reverse Kundalini; Mudras and more
Skilled Friends 1: Relationship Skills; Dialoguing; Nonviolent Communication
Energetic Hygiene: Polarity-Switching, Protection Practices & Prayer; Command Node

Texts: *How to Know Higher Worlds & Theosophy* (Steiner); *Awakening the Third Eye* (Sagan); *Skilled Friends Manual I* (Stewart)

(4 week break)

2nd (Winter) Term: The Tail of the Dragon

(mid-January to mid-March)

Spiritual Science 2: From Spirals in Space to Cycles of Time: Plan-Plant-Planet

. continued study of Steiner's works: *How to Know Higher Worlds, Theosophy*
Chakras 2 (lower chakras): Psychic & Psychological Functions, Assessment & Cultivation
Kriya Tantra 2: Working with Sexual Energy: Intimacy In Action; Kundalini; Eurythmy
Skilled Friends 2: Deeper Focusing Dyads; Authentic Relating
Powers of Magnetism and Manifestation: Lower Chakra Powers

Texts: *How to Know Higher Worlds & Theosophy* (Steiner); *The Power of Focusing* (Cornell); *Awakening the Third Eye* (Sagan); *Skilled Friends Manual II* (Stewart)

(3 week break)

3rd (Spring) Term: The Heart of the Sphinx

(early April to early June)

Spiritual Science 3: The Unfolding of Consciousness in Art and Esoteric History

. continued study of Steiner's works: *How to Know Higher Worlds, Theosophy*
Chakras 3 (heart centre & periphery): Psychic & Psychological Functions, Assessment & Cultivation; Holding Hearts; Relationships Between Chakras; Connecting to Spiritual Beings
Kriya Tantra 3: Kundalini Tying it Together; Tantric Marriage; Dragon-Fire Full-Body Orgasm
Skilled Friends 3: Combining Vispassana & Solo-Focusing; Parts Dialogue; Psychic Circling; Temperaments Revisited
Bindu-Time: Consciously Approaching the Threshold: Working In & Outside the Body
The Arts as Modern Spiritual Practice: Inner-Creation Through Outer Creation
Introduction to Entities: Information for Mapping and Clearing
Introduction to Biogeometry & Dowsing: Practical Application of Egyptian Mysteries

Texts: *How to Know Higher Worlds & Theosophy* (Steiner); *Awakening Third Eye* (Sagan); *Biogeometry: Back to a Future for Mankind* (Karim); *Skilled Friends Manual III* (Stewart)

NOTE: The *Advance Training* is modular, therefore it is not necessary to commit to all 3 terms (although preferable). However, they do need to be taken in consecutive order.